

INTO THE OPEN

VOLUME 37

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3vies

(*twah-vee*) | French for 3 lives



Official Playlist

Volume 37 1st edition – published June 2023
Designed in San Antonio Texas & printed in USA

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*When you live your life intentionally
you can accomplish the equivalent of 3 lives in 1 lifetime.*

IN THIS
VOLUME

PEOPLE WHO
INSPIRE ME

05	WELCOME
13	GRECIA VALENCIA
29	ROBERTO V JOLLIFFE III

ARTICLES
&
POEMS

50	OPEN TO SAYING GOODBYE
56	THE FEELING OF DOING
60	WHO AM I
66	INVEST IN ENERGY
74	I BOUGHT A TESLA
78	WAVES

85	LETTER TO MY CHILDREN
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PEOPLE WHO INSPIRE ME



Just a quick heads-up to the reader: With Grecia's native language being Spanish, we wanted to ensure she could fully express herself, so we have designed it to be the first bilingual article in the magazine. My daughter Aila helped me evolve the design to keep a minimal foundation while accommodating the new requirements. It was a wonderful moment to get to create with her. I am very proud of the finished product.



Grecia Valencia

*Una pequeña chispa de esperanza
puede poner en marcha el
comienzo de algo extraordinario*

Grecia es una de esas almas que destacan entre la multitud. Su presencia se siente en cada habitación sin decir una palabra. Es su energía lo que llama la atención. Más que su belleza (que es impresionante), más que su increíble estilo o su gusto excepcional. Su ora y su presencia te atraen. Es una hermosa mezcla de confianza, respeto por uno mismo, amabilidad y una sólida comprensión de quién es y hacia dónde va.

Grecia is one of those souls who stands out in a crowd. Who's presence is felt in every room without saying a word. It's her energy that grabs your attention. More than her looks (which she is stunningly gorgeous), more than her incredible style or exceptional taste. Her aura and presence draw you in. It's this beautiful blend of confidence, self-respect, kindness,

*One tiny spark of hope can set in
motion the beginning of something
extraordinary*

Un pequeño momento de coraje puede mostrarte que tus miedos nunca fueron tan aterradores como alguna vez creíste

One small moment of courage can show you that your fears were never as scary as you once believed

personal tuvo su origen en su exposición a las artes. Dijo que le ayudó a darse cuenta “podemos ser cualquier cosa que deseemos ser.” Para Grecia era el teatro. Para ti, puede ser algo completamente diferente.

Lo importante es ser lo bastante valiente para probar algo nuevo. Nunca dejes de probar. Exponerse a lo desconocido deja espacio para que se formen nuevas conexiones, con lo que se adquiere una comprensión más profunda tanto del mundo exterior como del interior de uno mismo simultáneamente. Grecia compartió, “Una pequeña chispa de esperanza puede poner en marcha el comienzo de algo extraordinario.”

Nada viene de un lugar seguro, así que arriégate y sé lo mejor que puedas ser

Repítelo cada vez que te sientas derrotado y necesites que te echen una mano: es un cambio de perspectiva muy poderoso. Grecia continúa, “Nada viene de un lugar seguro, así que arriégate y sé lo mejor que puedas ser. Solo se necesita un pequeño paso en la dirección correcta para cambiar profundamente tu vida para siempre. Un pequeño momento de coraje puede mostrarte que tus miedos nunca fueron tan aterradores como alguna vez creíste. Incluso cuando no es fácil o glamoroso. Incluso cuando no tienes la seguridad de que tendrás éxito. Sigue tu camino auténtico.

anything we wish to be.” For Grecia, it was theater. For you, it may be something completely different.

The important thing is being brave enough to try something new. Never stop tasting. Exposure to the unknown allows space for new connections to form, thus gaining a deeper understanding of both the external world and your inner self simultaneously. Grecia shared, “One tiny spark of hope can set in motion the beginning of something extraordinary.”

Nothing comes from a safe place so take the risk and be the best you can be

Repeat that whenever you feel defeated and need a hand up—such a powerful perspective shift. Grecia continues, “Nothing comes from a safe place so take the risk and be the best you can be. It just takes one small step in the right direction to profoundly change your life forever. One small moment of courage can show you that your fears were never as scary as you once believed. Even when it isn’t easy or glamorous. Even when you have no reassurance that you’ll succeed. Follow your authentic path. Honor the pull in your heart guiding you forward. And trust that your hard work is paying off in ways you can’t yet see.”



Roberto V Jolliffe III

Roberto (aka “Berto the VO”) is among the most creative people I’ve met. He describes himself as “an innovator, voice-over actor, and community connector.” When I first met him, it was immediately evident he was someone I wanted to be around. It was apparent he operated similarly to me. We both had a similar day job and multiple outside projects in flight at once, among other things. If you ever get the chance to meet him in real life, you will discover what an extraordinary mind and soul he has. He is truly a remarkable person.

*I think creativity came way
before thinking about being an
entrepreneur or hustler*

I’ve watched him over the years, and I continue to be so impressed. The more you learn about him, the more impressive his



ARTICLES & POEMS



Invest In Energy

Investing is such a powerful concept. Most people, especially young people, perceive investing as a financial discussion. But this article has nothing to do with finances.

In fact, this focuses on the antithesis of anything monetary. I want to talk about devoting your time, energy, and resources to uncovering or pursuing the things in life that move you.

FOUNDATION

That movement you feel, that voice or vibrancy in you, is a message from the universe. Listen to it. That message is worth more than money. It sounds really nice

*devoting your time, energy,
and resources to uncovering or
pursuing the things in life that
move you*

“Each art piece I create is a thank you letter to the universe for this amazing life I get to live and every day I get to wake up and be me.

When anyone looks over my lifetime of work I really hope they can feel so much more than they are able to express



to say or write in a book, right? The whole “money can’t buy happiness” thing. Totally get it. Truth is, contentment can’t be reached with a scarcity mindset, and it’s tough to think about anything else when you are struggling to survive moment to moment. I want to acknowledge that acquiring the foundational mental ability to outgrow the scarcity mindset can take time. And it rarely comes by getting more. It is often achieved by realizing you have more than you know.

The point I am getting at is energy can fill us or weigh us down. Start looking for any person, action, object, activity, or learning that brings positive energy into your life, and try to limit the negative. When you fill your mind with positive energy, it amalgamates and becomes part of you and flows into how you think and act. Over time you start to become a collection of that energy. You become a beacon of positivity. A generator or catalyst the universe can use to pour positive energy into this world.

PRINCIPLES

Now getting back to the money. I think it is essential to realize money is a resource you can use to better your situation. It can open up or unlock possibilities, but it is not the source of them. You can live an incredible life filled with contentment and peace without ever having much monetary success. That being said, two principles I try to live by regarding finances:

1. Give more than you get – always operate from the truth that more is coming so you can learn to continually let go of what you have. The more you give, the more you get. (abundance mindset).
2. Reserve a portion of your life/time/energy dedicated to continually pursuing projects or activities with zero expectation of monetary return.

The first one is a little easier to understand. The abundance mindset is powerful. Once you become a beacon of positive energy, you realize everything is borrowed. You, in fact, become a generator of positivity in your life and the life of others.

The second principle is less obvious. It’s also the main takeaway and reason for this article. Many people become complacent as they get older. Most of us don’t know

When you fill your mind with positive energy, it amalgamates and becomes part of you and flows into how you think and act

what to do with our time because our society is designed to train people to follow orders. School, college, religion, and jobs are all organized around telling you what to do with your time. It's part of what causes this growing angst in us until we have some kind of mid-life or quarter-life crisis. At this point, we finally wake up from the sleep of life and long for something more than just going to work and coming home.

invest in energy that fills you with joy. Pursuit little pieces of personal satisfaction daily

The struggle is people have no skill set to manage their own time. They are ill-equipped. One way I settled that anxiety is by investing my energy outside of money. This ties back to the main topic, investing in energy that fills you with joy. Pursuit little pieces of personal satisfaction daily (daily is the key). That energy becomes the flame that keeps you going during the challenging moments as you acquire this new habit. Those pauses of personal daily time are essential.

One of the biggest mistakes people make is waiting. Don't wait until you have enough money or time, or energy. That is the story that lulled you to sleep in the first place. Start today to make time for the little daily habits of activities that fill you with positive energy. It will help you develop an abundance mindset. That gut feeling that there is a surplus at the universe's disposal that you can unlock and access in the pursuit of your personal legend (to pull from the book "The Alchemist." If you have not read that book, put this down now and go read it. It's one of the all-time greats).

The secret is you need less than you think, you have more than you realize, and being fully you is worth more than you know.

I haven't figured out how to make a living or a difference, but I think I've figured out how to live. To be able to wake up, most days, happy and grateful to be me. The secret is you need less than you think, you have more than you realize, and being fully you is worth more than you know. Find a process you love more than money, and it will pay you back 100-fold throughout a lifetime. Don't overthink it. Just start pursuing things that make you light up and feel alive. You'll never be younger than you are today. So start taking action now. You will be amazed at how much positive energy flows into your life.



Good rules to live by:

- 1. Never speak poorly of anyone and mean it.*
- 2. Always make time for positive, uplifting energy in your life daily.*



WAVES

WAVES

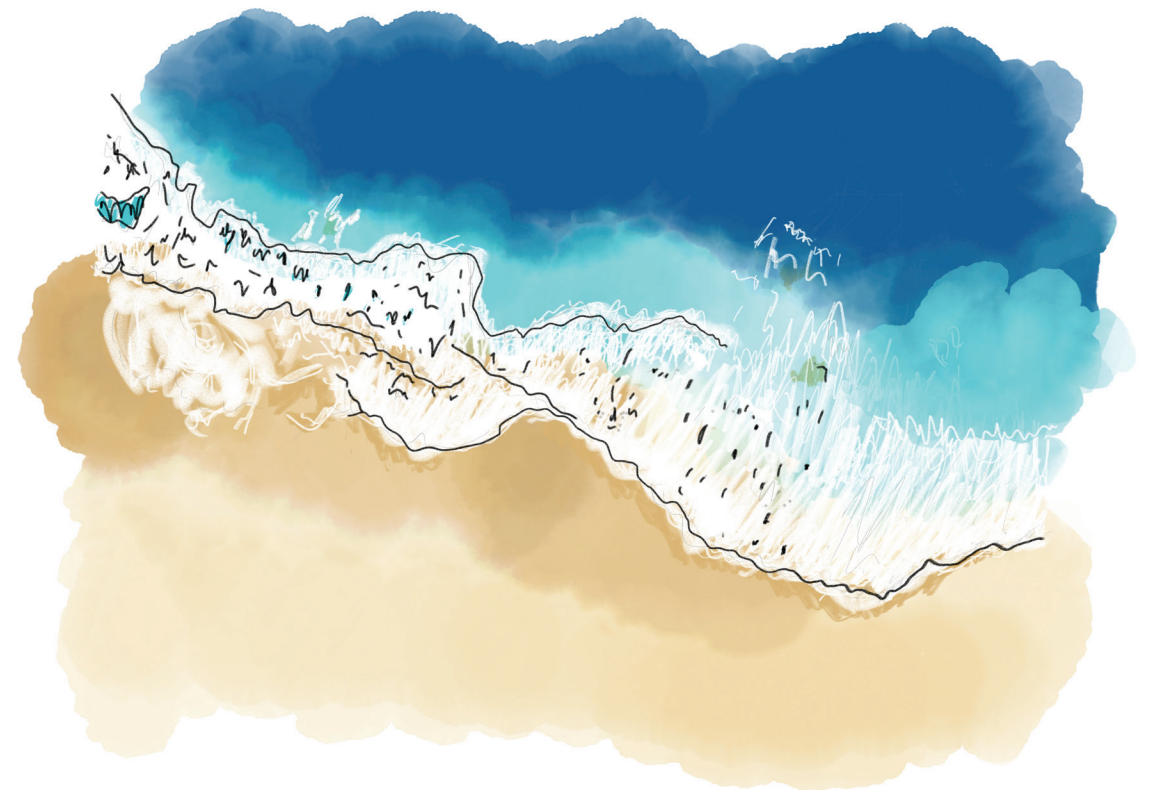
LEARNING IS LIKE WAVES

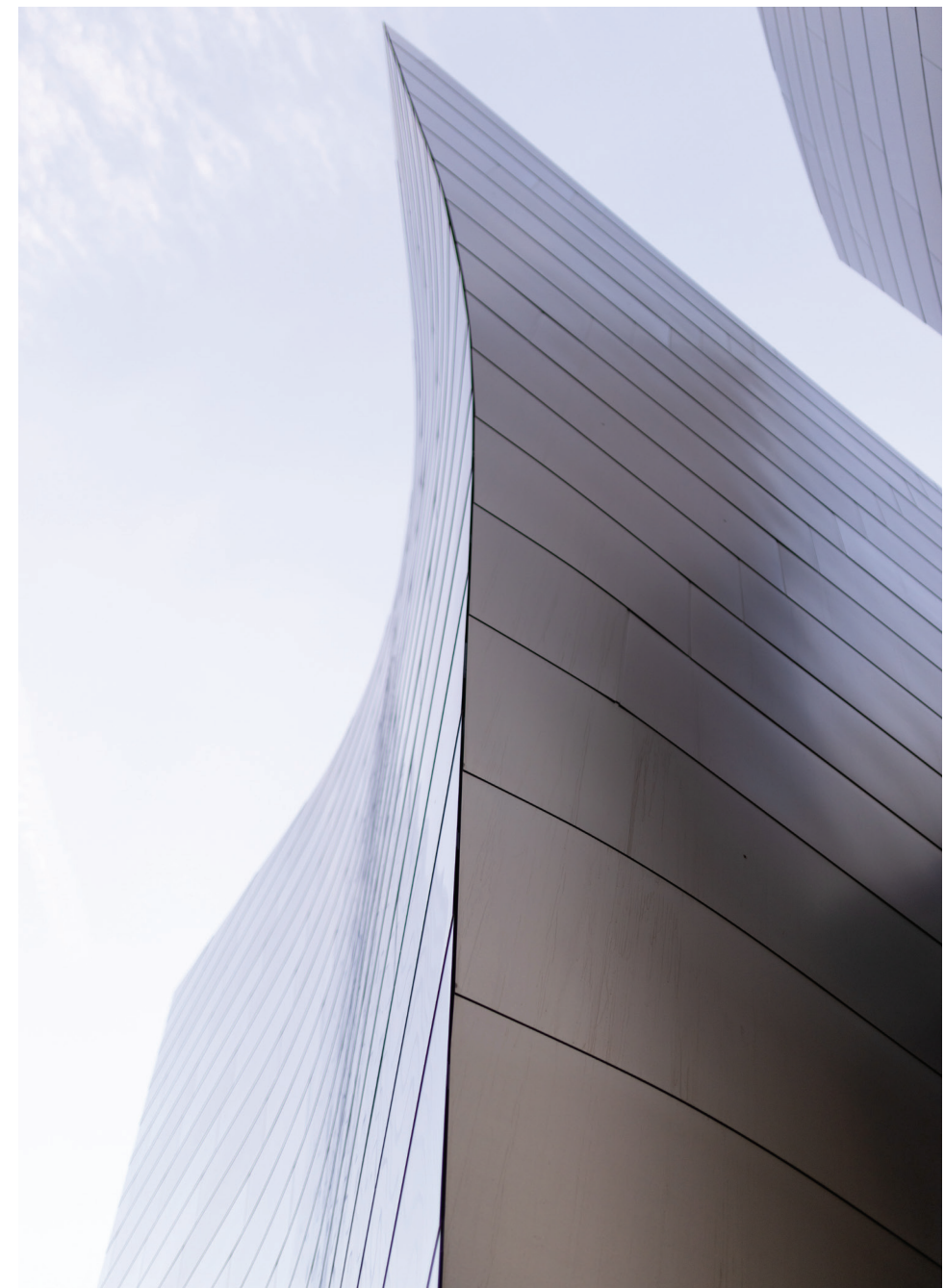
IT CRASHES ON THE SHORE
DESTROYING WHAT WAS ONCE BEFORE
MAKING WAY FOR THE NEW TO FORM

WAVES

EACH CRASHING OF THE SEA
MAKES ROOM FOR YOU AND ME TO BE

CHANGED





Every person you meet is a mirror.

*The good you see in me already resides
in you. That's how you are able to see it*



You have more
than you know

& you need less
than you realize